



Misty Schmidling
licensed massage therapist #7855

StateofMassage.net
StateofMassage@comcast.net
503-701-5586

massage

	60 min	75 min	90 min	120 min
Swedish Therapeutic Massage	\$65	\$80	\$90	\$120
Pregnancy & Postpartum	\$75	\$90	\$100	
Deep Tissue Massage	\$75	\$90	\$100	
Therapeutic Tandem Massage*	\$130	\$160	\$180	
Couple's Massage ***	\$130	\$160	\$180	

spa treatments

Emollient Paraffin Dip	\$10
Foot Fetish (allow 60 mins)	\$70
Body Wrap** (allow 60 mins)	\$75
Rain Drop Experience** (allow 60 mins)	\$85
Aromatic Hot-Stone Therapy*** (allow 70 minutes)	\$90

packages

Calm Signature Package***	\$130
Aromatic Hot-Stone Therapy followed by a half-hour Swedish massage. (allow two hours for this treatment)	
Ripe Indulgence*	\$140
Pamper yourself or your favorite mom-to-be with a 60 minute Pregnancy Massage followed by a Foot Fetish treatment. (allow two hours for this treatment)	
Custom Treats	prices vary
Let us customize your experience by combining any number of spa treats with any type and length of massage.	

basics

For the full benefit of any treatment, please be a few minutes early. To reschedule, calmly call at least **24 hours** in advance to avoid the full session charge.

Prices are subject to change without notice
Cash, check, VISA, Mastercard and Discover accepted

Gift Certificates now available.

**Deep Tissue massage may be substituted for an additional fee*

***Not recommended for pregnant or nursing mothers*

****Pregnancy, Tandem or Deep Tissue may be substituted at additional cost*



To keep the Healing Loft *Calm*, please speak quietly and silence your cell phone/pager when visiting our studio...